

APPLICATIONS OF THE ESSENTIAL PRACTICE COMPETENCIES

01



CREATING A LEARNING PLAN

Develop a Learning Plan for your 5 year cycle and identify competencies and performance indicators that align with your plan.

SET GOALS BASED ON IDENTIFIED GAPS

Self-evaluate using the Scope and Standards of Practice. Identify any performance gaps and crosswalk to the Essential Practice Competencies to update your Learning Plan.



02

03



SUPPORT LEARNING ACTIVITIES

Identify competencies and performance indicators that support the CPEU activity content if the learning outcome you had differs or you attended a live eligible event.

COMMUNICATE ROLE TO STAKEHOLDERS

Use the Essential Practice Competencies to communicate the role of credentialed nutrition and dietetics practitioners to stakeholders.



04

PURPOSE

The Essential Practice Competencies provide overarching validated standards for the Registered Dietitian (RD) and the Dietetic Technician, registered (DTR). Practice competencies define the knowledge, skill, judgment and attitude requirements throughout a practitioner's career, across practice, and within focus areas. Competencies provide a structured guide to help identify, evaluate, and develop the behaviors required for continuing competence.